



Physical Education Policy & Syllabus for 20-21

***Mask must be worn all the time during Physical Education!***

**GENERAL PROCEDURES/EXPECTATIONS**

1. Be **R**espectful.      2. Be **A**ppropriate.      3. Be **P**repared.      =      **RAP**

Consequences for not following expectations.

- 1<sup>st</sup> Offense      =      Warning  
2<sup>nd</sup> Offense      =      Student goes to the "ice box" to cool off!  
3<sup>rd</sup> Offense      =      Student/teacher conference and tracking form documentation.

***Start of Class:***

- Students will put their back packs on the side of the room.
- Students will be placed on a number on the floor that is six feet apart.

***Conclusion of Class:***

- Students will leave on time or a minute later to let students be six feet apart.

**GRADING POLICY**

- **Participation/Edgenuity - 70% (NO Cell Phones, Must Be Left in Backpack)**
- **Worksheets/Fitness Circuits/Quizzes on Edgenuity - 10%**
- **Final - 20%**

**PHYSICAL EDUCATION DRESS:**

- Students purchase their own PE clothes. School colors are burgundy, grey, and black. No undergarments can be showing. No V-neck, scoop neck, muscle shirts, crop tops, etc...
- Proper foot wear should be worn for safety reasons. Sneakers are good; heels, slippers, etc... are not!

**MEDICAL EXCUSES**

- We will follow the protocol for COVID-19 that is implemented by the WCSD.
- Excused medical absences may not exceed 50% per semester per WCSD PE policies – see below  
<http://www.washoe.k12.nv.us/docs/accepted-practices/high-school/SUBJECT AREAS PHYSICAL EDUCATION CREDIT.pdf>

**LOCKERS**

**All locker rooms will be closed due to COVID-19. We can not store anything in them either!**

1. Dress appropriate on days that you have PE. Also, please bring a water bottle.
2. Dress in layers with the weather if it makes it easier.
3. Continually coming to PE dressed inappropriately will result in reduction of participation points.

# Class Communication – Distance/Hybrid/In Person

To Get In Contact with the instructor: Joseph Trischetti – Mr. T ☺

1. Email me at [jtrischetti@washoeschools.net](mailto:jtrischetti@washoeschools.net)
2. Contact me on Remind
3. Contact me on Teams
4. Contact me on Edgenuity
5. Call the school at 775-327-3920

## Modes of Instruction

- Every student will be using the physical education platform through Edgenuity that was adopted by the WCSD as a blended learning tool.
- All grades will be final through Infinite Campus. This will make it easier for the students, parents, and teachers.
- Students will have to join my Remind for PE. Please join my Remind at text message to **81010**. The code in the message part is **@49a8h93**. If you will like to sign up with a computer. Here is the link **rmd.at/49a8h93**
- Microsoft Teams will also be used as a platform to submit papers or dialogue over vocabulary or a topic in PE.
- **First step will be to sign up with Remind and further instructions will come with Edgenuity and Teams.**

## 5 Essentials to Learning

- Communicate = Positive Two Way Street
  - Monitor = Performance
- Support = Friends, Teachers, and Family
  - Guide = A Productive Path
- Advocate = For their Needs and Academic Success

### Disclosure:

Wearing a mask can prevent the spread of 80% of the COVID-19 virus. Proper safety distancing and proper handwashing can also help prevent the spread. Please, let's work together to ensure your child's safety and be productive in PE. Therefore, if during the year that we need to change something, we will for the benefit and safety of your child.

**Thank you:** I, Mr. T, would personally like to thank you for letting your child be a part of this awesome school and family called the Academy of Arts, Careers, and Technology!